



Coach and Official Competency Statements “Checklists”

Upon successful completion of each training program the participant will be able to display each competency.

Note: All coaches and officials must meet the requirements in each state and territory pertaining to *Working with Vulnerable People* and/or *Child Protection* legislation.

	Coach	Referee
Foundation	<p>Plan and Prepare:</p> <ul style="list-style-type: none"> • Plan and prepare a training session appropriate to the needs of their players. • Organise basic human and physical resources appropriate to the needs of the training and competition environments. <p>Conduct:</p> <ul style="list-style-type: none"> • Organise and conduct safe training sessions appropriate to the needs of their players. • Teach the fundamental skills and rules of Volleyball. • Communicate effectively with peers, officials and players. • Assess and manage the risks associated with the training and competition environments. <p>Monitor/Review:</p> <ul style="list-style-type: none"> • Provide appropriate feedback on player performance. • Adjust activities to suit the needs of individuals. <p>Evaluate:</p> <ul style="list-style-type: none"> • Reflect on the effectiveness of their coaching behaviours. <p>Adapt:</p> <ul style="list-style-type: none"> • Identify and implement appropriate modifications to their coaching behaviour. 	<p>Technical Ability</p> <p>a. Prepare for a Game</p> <ul style="list-style-type: none"> • Identify, check and report risks. • Arrive on time and appropriately dressed. • Effectively prepare to officiate. • Effectively communicate with venue staff, captains and coaches. • Discuss the responsibilities and duties performed by the event officials. <p>b. Administer a game</p> <ul style="list-style-type: none"> • Effectively start a game. • Apply the basic rules, regulations and processes during competition. • Provide a safe competition environment. • Utilise appropriate basic interpersonal communication skills when officiating. • Adopt styles of officiating to reflect the level of competition. • Effectively end a game. <p>Conceptual Ability</p> <ul style="list-style-type: none"> • Seek feedback on their performance. • Reflect upon their performance with the view to improve their next performance <p>Human Ability</p> <ul style="list-style-type: none"> • Demonstrate the values and ethical behaviour expected of VA officials.

	Coach	Referee
Talent Development	<p><u>Plan and Prepare</u> Development coaches will be able to effectively:</p> <ul style="list-style-type: none"> • Plan and prepare a training session appropriate to the needs of the athletes • Organise human and physical resources appropriate to the needs of training and competition <p><u>Conduct</u> Development coaches will be able to effectively:</p> <ul style="list-style-type: none"> • Organise and conduct training sessions appropriate to the needs of the athletes • Facilitate learning of the fundamental skills and tactics of the sport • Communicate with athletes and others involved in the program <p><u>Monitor/Review</u> Development coaches will be able to effectively:</p> <ul style="list-style-type: none"> • Observe and assess athletes' performance • Provide appropriate feedback on performance • Adjust activities to suit the needs of individuals • Ensure safety of self and others, and manage emergency situations <p><u>Evaluate</u> Development coaches will be able to effectively:</p> <ul style="list-style-type: none"> • Evaluate achievement of the objectives of the training session/competition/ • Evaluate coaching behaviours <p><u>Adapt</u> Development coaches will be able to effectively:</p> <ul style="list-style-type: none"> • Identify and implement the appropriate modifications to their coaching behaviour 	<p><u>Technical Ability</u> Prepare for a Game</p> <ul style="list-style-type: none"> • Identify, check and report risks. • Arrive on time and appropriately dressed. • Effectively prepare to officiate. • Effectively communicate with venue staff, captains and coaches. • Discuss the responsibilities and duties performed by the event officials. <p>Administer a game</p> <ul style="list-style-type: none"> • Apply the rules, regulations and processes during competition. • Utilise appropriate interpersonal communication skills when officiating. • Resolve disputes between athletes, coaches and officials relating to rules and competition procedures. • Manage human and technical resources in an appropriate manner. • Adopt styles of officiating to reflect the level of competition. <p>Conceptual Ability</p> <ul style="list-style-type: none"> • Reflect upon their performance with the view to improve their next performance <p>Human Ability</p> <ul style="list-style-type: none"> • Demonstrate the values and ethical behaviour expected of VA officials. <p>Health and Safety</p> <ul style="list-style-type: none"> • Assess and ensure a safe competition environment.

	Coach	Referee
Elite	<p><u>Plan and Prepare</u></p> <ul style="list-style-type: none"> • Identify the needs of your athletes/ team • Prepare a competition plan appropriate to the needs of the athlete / team • Plan and prepare training sessions that complement the competition plan • Individualise training programs to meet the specific needs of the athlete • Apply the principles of the Intermediate Coaching General Principles Program <p><u>Training and Competition</u></p> <ul style="list-style-type: none"> • Conduct training sessions to challenge and develop the athlete/ team (physically, psychologically, technically and tactically) • Using appropriate communication techniques provide technical instruction and feedback taking into account learning styles • Analyse competitive performance and adapt the game plan and training program appropriately <p><u>Monitor and Review</u></p> <ul style="list-style-type: none"> • Assess and monitor the technical, tactical, physical and psychological development and wellbeing of the athlete • Evaluate achievement of the objectives of the plans for the athlete/ team • Analyse team and athlete performance during competition and implement appropriate modifications to the game plan and subsequent training and competition plans 	<p>Human Ability</p> <ul style="list-style-type: none"> • Communicate effectively rules and competition procedures to athletes, coaches and other officials; • Collaborate effectively with the other technical officials in the game; and • Officiate effectively at State and National level competitions. <p>Conceptual Ability</p> <ul style="list-style-type: none"> • Demonstrate personal organisational skills, such as punctuality, and identify the importance of the presentation of the game; and • Effectively analyse and reflect upon their own officiating performances <p>Technical ability</p> <ul style="list-style-type: none"> • Apply the rules of Volleyball (and the by-laws of competitions being officiated) to make consistent and accurate decisions on Volleyball competitions; • Apply the fundamental aim of officiating so as to ensure the spirit of the game at various levels of competition; and • Resolve disputes between athletes, coaches and officials relating to rules and competition procedures. <p>Health & Safety (move H&S below the 3 competencies)</p> <ul style="list-style-type: none"> • Identify potential safety problems and implement procedures to alleviate these problems; • Apply basic legal and risk management principles when officiating.

	Coach	Referee
Master	<ul style="list-style-type: none"> • A working knowledge of current technical, tactical and training models for application with a Daily Training environment for High performance Volleyball athletes and teams. • Detailed knowledge in a particular area of coaching interest through research and publication of a specific coaching topic. This may be a technical, tactical or training area (e.g. setter training) or a specific discipline of volleyball (e.g. programming for junior development, Talent Identification). • Ability to develop, implement and evaluate a periodised training plan for a senior state team, junior state team or league (division 1 or equivalent) team for one season of competition • Gain practical coaching experience with Volleyball Team Australia. 	<p>Participants must show technical, human and conceptual abilities in the following areas:</p> <p>Excellence in technical ability, as denoted by:</p> <ul style="list-style-type: none"> • Application and interpretation of rules that reflects dealing with game situations in their global context; the spirit of the rule should prevail. • Perfect use of game mechanics showing excellent assimilation in all facets of the game, especially as a 1st and 2nd referee. <p>In respect to human ability, good adjustment between their own personality and requirements of the task, as reflected by:</p> <ul style="list-style-type: none"> • Individual authenticity revealed by appropriate behaviour at all times. • Respect for all people constituting the human environment in which they perform. • Empathy toward co-workers in quest of an atmosphere of collaboration. <p>Conceptual ability allowing a global view of their work as it relates to all other activities in this field, which implies:</p> <ul style="list-style-type: none"> • A sound knowledge of the structures of officiating in Australia. • Use and knowledge of development programs as well as guides for clinicians. • Ability to assess and accept their own strengths and weaknesses in their performance. <p>Health & Safety</p> <ul style="list-style-type: none"> • Identify potential safety problems and implement procedures to alleviate these problems; • Apply legal and risk management principles when officiating.