

# JDP Guide - Coaching and Coach Development Opportunities

This document provides guidance for prospective Volleyball Australia (VA) Junior Development Program (JDP) coaches who are considering contributing to and learning from the JDP volleyball and beach volleyball development programs.

This guide is available at: <https://goo.gl/BjWmxH>

## JDP overview

The VA JDP is a national camps and international tours based program for targeted volleyball and beach volleyball athletes from across Australia underpinned by State-led talent identification and development programs.



The program continuously produces a pool of international quality players capable of sustaining a professional volleyball career and suitable for selection as a senior Volleyroo. In addition to the identification and development of our future Volleyroos, the JDP also supports the broader development of volleyball talent and promotion of volleyball as a sport of choice across the country.

A complimentary purpose of the JDP is to provide a structured coach development program to grow the coaching talent in Australia.

Athletes and coaches may represent their country on various development tours including at Asian and/or World Under-Age Championships.

Programs:

- Rising Stars
- Junior Men's Development Program (JMDP)
- Junior Women's Development Program (JWDP)
- Junior Beach Development Program (JBDP)

Website pages:

<http://www.volleyballaustralia.org.au/page/junior-women-s-development-program-jwdp>  
<http://www.volleyballaustralia.org.au/page/junior-mens-development-program-jmdp>

Facebook pages:

<https://www.facebook.com/AUSJuniorVolleyballMen/>  
<https://www.facebook.com/AUSJuniorVolleyballWomen/>  
<https://www.facebook.com/Australian-Junior-Beach-Volleyballers-321245904701004/>

JDP Facebook coaching forum:

<https://www.facebook.com/groups/jdpcoach/>

The JDP are always on the lookout for new and returning coaches to join us at our upcoming Rising Stars or other national JDP camps. By participating in these national camps and learning the AUS philosophy, systems and values you will not only develop as a coach, you will contribute to the future of the sport. Performing well at the camps may also lead to other opportunities including international development camps and tours.

### JDP coaching categories

The following coaching categories should give you a feel for the characteristics and the opportunities that may be available to you in the future.

#### JDP Emerging Coach

- new to the JDP and in the process of learning how the national program is delivered
- usually involved with a state, club or school team as a coach or assistant coach and/or has high level playing experience
- priority can be either to gain knowledge to take back to state/club/school and/or develop to more senior roles in the JDP/Volleyroos
- has a VA Level 1 coaching accreditation



### JDP Developing Coach

- has performed well at previous national camps, generally in the last two years
- targeted to tour as an assistant coach, team manager or performance analyst
- may be considered for limited development opportunities with the U23's and/or senior Volleyroos
- VA Level 2 or commitment to complete

### JDP Senior Coach

- has demonstrated commitment to the program over a number of years
- has performed well at camps, generally in the last two years
- has performed well at tours as an assistant coach and/or performance analyst
- has planned and led practice sessions at national camps
- targeted for head coach opportunities at non-Championship tour events
- targeted to deliver regional clinics and support state-based activities
- targeted for development opportunities with the U23's and/or Senior Volleyroos
- potentially targeted for talent coordinator roles
- VA Level 3 or commitment to complete

### JDP Mentor Coach

- has demonstrated commitment to the program over a number of years
- has performed very well at camps, generally in the last two years
- has performed well at tours as a head coach
- has demonstrated ability to coach and mentor all aspects of the game (especially the behavioural grounding required in our young athletes)
- targeted head coach for Championship events
- targeted mentor/tour coach for non-championships events (possibly including assistant coach to a development coach etc.)
- targeted to deliver regional clinics and support state-based activities
- targeted for development opportunities with the U23's and/or Senior Volleyroos
- targeted for age-group program coach roles
- targeted for talent coordinator roles

### JDP coach traits

As illustrated by the coaching categories, there are many backgrounds and paths that may lead to becoming a great coach. Notwithstanding, we believe that there are some core personal traits that form the foundation of good coaching.

A JDP coach strives to:

- always be a **team player**



- always act with **honesty** and **integrity**
- **develop the ‘whole player’**
- maintain **self belief**
- maintain a **learning or growth mindset**
- be **receptive to feedback**
- be a **leader** within the sport
- be **positive**
- be **clear** and **concise**
- be **selfless**
- be **competitive**
- be **committed**
- be **passionate**
- be **disciplined**
- be **organised**
- be **adaptable**
- be **resilient**

## Roles

Key roles for the programs include:

- Pathways Director: Nam Pham
- Rising Stars: Martin Collins and Brendan Garlick
- JW DP Manager: Bill McHoul (volunteer)
- JMDP Manager: Les Young (volunteer)
- JB DP Manager: Steve Benson
  
- JWDP Head Coach (and Women’s Volleyball CoE Head Coach): Shannon Winzer
- JMDP Head Coach (and Men’s Volleyball CoE Head Coach): Dan Ilott
- JB DP Head Coach (and Women’s Beach Volleyball CoE Head Coach): Tom Kroeger
- JB DP Head Coach (and Men’s Beach Volleyball CoE Head Coach): Mick Nelson

Within the JDP structure, there are a range of roles for our volunteers including:

- Program Head Coaches for each paired age-group in each program
- Assistant coaches, performance analysts and managers for camps and tours
- Regional Talent Coordinators and Talent ID team members

## How to get involved

For new coaches to the program, we recommend that you attend a local Rising Stars camp and then get to one of our other national development camps (usually Bendigo for boys or Churchill for girls after Australian Volleyball Schools Cup for Volleyball, and our post-AJBVC camp for Beach Volleyball). This will provide you with an initial grounding in

the national systems/philosophies and allow you to explore the program structure and outcomes. There is also a range of structured coach development sessions in conjunction with most camps; including subjects such as complex adaptive systems and perceptual positions which have been adapted from the AIS performance coach and leadership programs. Dates for local Rising Stars camps will be available from your State association and will be advertised via facebook events.

### Selection processes

There is an open invitation to join us at a Rising Stars camp or assist at the Bendigo, Churchill or post-AJBVC Beach camps. Just sign-up and get involved.

The roles identified above will be publically advertised with relevant selection criteria on an as needed basis. Age-group roles will normally be advertised every two years. While not essential, there is an expectation that applicants for JDP coaching roles have recent involvement with one or more of our programs. The Pathways director, the relevant program head coach, the relevant senior head coach and the relevant program manager will form the selection committee.

The key take-away is that if you would like to be considered for one of these roles; get involved and get along to your local Rising Stars camps and the Bendigo, Churchill or post-AJBVC Beach camps.

If you have any questions or would like your details added to the JDP coach database, please email [pathways@avf.org.au](mailto:pathways@avf.org.au).