

# AUSTRALIAN VOLLEYBALL FEDERATION COACH ACCREDITATION UPDATING POLICY

## 1. Updating Summary

Level 1	Level 2	Level 3
Re-do Level 1 accreditation Or	Re-do Level 2 accreditation Or	Re-do Level 3 accreditation Or
Attain Level 2 Or	Attain Level 3 Or	Attain High Performance Award Or
Complete 30 hours of updating activities in 4 years (22.5 hours minimum in practical volleyball coaching)	Complete 60 hours of updating activities in 4 years (45 hours minimum in practical volleyball coaching)	Complete 100 hours of updating activities in 4 years (75 hours minimum in practical volleyball coaching)

## 2. Updating Activities

### Practical coaching

75% of the required updating hours for each level must be claimed through practical Volleyball coaching. 50% of those practical coaching hours can be self-monitored through the use of a coaching logbook. The other 50% of the practical coaching hours must be signed off in the logbook by an authorised coach within the sport (State or regional coaching director or Commission, coach with a higher level of accreditation, or club president/school principal of the team coached).

Practical coaching can be undertaken with any level of athlete/team, from school/club level through to national/international level and may occur on a regular basis (daily, weekly, monthly) or in specific situations such as camps or clinics.

### Coach education

The following activities are able to be claimed:

- Lecture/present at a coaching course
- Become a mentor for another Volleyball coach
- Supervise coaching practice hours for another Volleyball coach
- Write and/or publish an article on coaching

### Self education

Complete any of the following:

- Volleyball coaching seminar
- General coaching seminar
- Strength and conditioning course (ASCA approved)
- Volleyball officiating course
- Sports Trainer's course (SMA approved)
- Recognised first aid course
- Sports massage course
- Sports related tertiary education e.g. Physical Education/Human Movement
- Leadership/communication course
- Observe a Volleyball coaching session of a senior coach
- Attend and observe an international Volleyball match



# Australian Volleyball Federation

### Co-Patrons

His Excellency  
Major General Michael Jeffery  
AC CVO MC (Retd)  
Governor-General  
Commonwealth of Australia  
and  
Her Excellency  
Mrs Marlena Jeffery

### Affiliations



Australian Olympic  
Committee

FIVB Distribution Office  
Asia and Oceania

### Postal Address

PO Box 3323  
Belconnen ACT 2616  
AUSTRALIA

### Phone

+61 2 6247 6633

### Fax

+61 2 6247 6722

### E-Mail

[info@avf.org.au](mailto:info@avf.org.au)

### Web Site

[www.avf.org.au](http://www.avf.org.au)

### ABN

46 487 409 518



Australian Government  
Australian Sports Commission



AUSTRALIAN  
INSTITUTE OF SPORT

GOAL - To foster the Sport of Volleyball as a Human Endeavour.

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### 3. Rules for Claiming Activities

#### Category hours

Level 1 - 30 hours

Level 2 - 60 hours

Level 3 - 100 hours

All quantities are the minimum number of hours that must be completed at each Level to maintain a current accreditation. A minimum of 75% of the required updating hours for each Level must be claimed through practical Volleyball coaching or coach education. The balance of the hours (maximum of 25%) can be accrued through self education.

#### Verification

Activities must be verified in the NCAS coaching log book or AVF Coaches updating worksheet by an authorised person. Authorised persons include State and regional coaching directors or Commissions, coaches with a higher level of accreditation, club president/school principal of teams coached and coordinators of courses attended.

#### Hours claimed

The number of hours claimed must be equal to the number of hours spent on that activity.

#### Approval

Activities must be approved/sanctioned by the affiliated State Association or the Australian Volleyball Federation.

#### Time to claim

All updating activities cannot be completed in one year. They should ideally be spread over the 4-year period. They must be undertaken in at least a 2-year period.

#### Re-entry

If the coach does not update their accreditation within the 4-year period, they are required to either:

- re-do the entire Volleyball accreditation course
- undertake a number of the activities on the above list for a specified number of hours (to be negotiated between the individual coach and the State or regional coaching director of Volleyball or Volleyball Coaches Commission at either State or National level)

#### Status

This Policy was approved by the Australian Volleyball Federation Board on August 29, 2003.

